

Because there is NO time to waste!

Facts

- +** **FACT:** Since 1989 researchers concluded that the timing of death from AIDS wasting is related to the magnitude of body-cell-mass depletion. “We concluded that the timing of death from wasting in AIDS is related to the magnitude of body-cell-mass depletion rather than the identity of the specific disease process that causes the depletion.”¹
- +** **FACT:** Since 1994 researchers have found that Bioelectrical Impedance Analysis is one of the best predictors of AIDS patients. “In our model the phase angle— was a better single predictor of survival than any other nutritional parameter tested (body weight, BMI, serum nutritional parameters) and was also superior to widely used CD4+ cell count.”²
- +** **FACT:** Since 1998 researchers demonstrated a clear relation between weight loss and an increased risk of individual opportunistic complications. “Our data demonstrate that weight loss of as little as 5% to 10% of body weight over 4 months is predictive of death and an increased risk of opportunistic complications, even those with no history of a previous or concurrent opportunistic complications.”³
- +** **FACT:** In 2000 there are still no standards of care for people with HIV/AIDS in hospital or clinical settings that includes monitoring body composition, weight, nutritional status, and treatments in Connecticut.
- +** **FACT:** People with HIV/AIDS are starving to death and are literally wasting away.

¹ Kotler DP, Tierney AR, Wang J, Pierson PN Jr. Magnitude of body-cell-mass depletion and the timing of death from wasting in AIDS¹⁻³ Am J Clin Nutr 1989;50:444-7

² Ott M, Fischer H, Polat H, et al. Bioelectrical Impedance Analysis as a Predictor of Survival in Patients with Human Immunodeficiency Virus Infection. J Acqui Immune Defic Syndr Hum Retrovirol 1995;9:20-5

³ Wheeler DA, Gibert CL, Launer CA, et al. Weight Loss as a Predictor of Survival and Disease Progression in HIV Infection. J Acqui Immune Defic Syndr Hum Retrovirol 1998;18:80-5

The Greater New Haven HIV Consumer Council
<http://www.hivcouncil.org/>